

Commercial Plan	Reference Link(s)	Published End Date (may change)	Phone only = TeleVideo?	POS	Modifier
Aetna	Aetna- COVID-19 FAQs	4-Jun-20	Y	POS = 02	GT or 95
Anthem	Anthem - Provider Information	June 19,2020	N	POS = 11	GT or 95
Carefirst	Carefirst - COVID Provider info	Duration of emergency	N	POS = 2	GT or 95
Humana (Commercial products)	Humana Covid 19 Resources	Aligns with Medicare/Medicaid	Y	?POS = 11	GT or 95
Cigna	Cigna - Reource Center	31-May-20	Y	POS = 11	GQ, GT or 95
Optima	Optima - COVID-19	7-Jun-20	Y	POS = 02	95 or GT
Magellan	Magellan - COVID-19	19-Jun-20	BH covered, including teleBH visits	POS = 2	GT
UnitedHealthcare	UnitedHealthcare-Covid 19 Resources	19-Jun-20	Y	POS = 11	GT or 95

Virginia Premier	Virginia Premier - Resource Page	19-Jun-20	Y	POS = 2	GT
Medicaid	http://www.dmas.virginia.gov/files/links/5249/3.19.2020_COVID%2019%20MEMO_4.0.pdf	Duration of emergency	N	POS= 11	95
Medicare	https://www.cms.gov/newsroom/factsheets/medicare-telemedicine-health-care-provider-fact-sheet	Until it doesn't	N	POS = 11	95
	Place of Service Code Set				

Physical Therapy via Telehealth

* Information current as of April 20, 2020

* Most of the insurance are allowing telehealth for a 90 day period ending sometime in June

* Coverage is the same as in office physical therapy (only a few exceptions based on individual plans)

* Some policies are waiving member responsibility for 90 days (varies by policy)

* Medicare Advantage Plans through commercial payers are covering PT via telehealth

* Some commercial payers are limiting the CPT codes that can be billed for telehealth, and the number of units of each code that can be billed

INSURANCE	Duration	TELEHEALTH PT?	CODES ALLOWED	POS*	Modifier*
Aetna	March 4-June 4 2020	Yes	Eval-low or med complexity 97161/97162	2	95
			97110, 97112, 97116, 97535, 97755. 97760		95
Anthem-varies by state and individual policy	March 17-June 4 2020	Yes-most policies	Codes vary by individual policy	2	95
				2	95
Cigna	March 2-May 31 2020	Yes	Eval-low or med complexity 97161/97162 9110 (2 units per visit)	2	95
					95
Humana and Humana Military	uncertain	Yes	Regular CPT codes	2	95
Medicare	Duration of State of Emergency	NO	Not billable by PTs	2	95
Medrisk-Work Comp	uncertain	Yes	Regular CPT codes	2	95
One Call -Work Comp	uncertain	Yes	Regular CPT codes	2	95
Optima Health	March 7-June 7 2020	Yes	Regular CPT codes	2	95
					95
United Healthcare	March 18-June 18 2020	Yes	Regular CPT codes All eval codes, Re-eval, 97110, 91112, 97116, 97530, 97760, 97761	2	95
				2	95
Veterans Admin	Duration of State of Emergency	Yes	Regular CPT codes	2	95
Magellan	Duration of State of Emergency	Yes	Regular CPT codes	2	95

* Some may vary by plan and policy, and may require GT modifier. Check with plan to be sure.